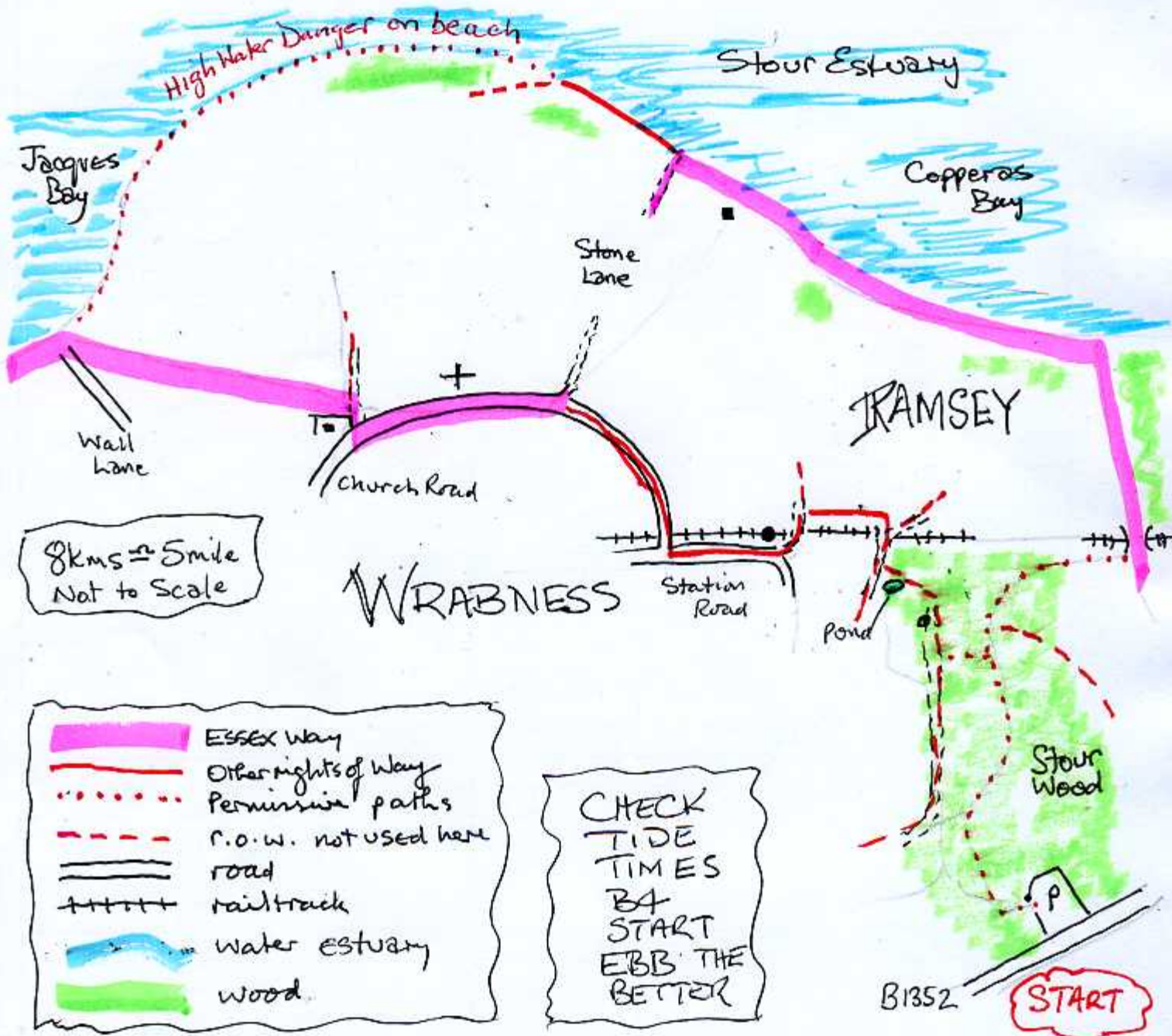


Colchester Ramblers' Association Group Ramble Available for Leading culled from
Jessie's Escort Series by Mapjog. Contact Ramble Sec. and do it: first come basis

DANGER This walk cannot be followed for two hours either side of High Tide. CHECK
 Stourwood donation carpark, Wrabness Road B1352 in Ramsey. Leave carpark
 W gap by shelter and swing N on waymarked route through wood to N E exit by
 railtrack. Permissive path continues to railbridge by Copperas Wood. Go left join
 Essex Way (poppy emblem) upstream shoreside through woods and Strandlands
 garden to bottom of Stone Lane. If your tide check is okay, leave Essex Way by
 forking right on beach around the foot of the Ness as far as the steps at Jacques Bay.

Wall Lane sprouts left, and more acutely, The Essex Way leads towards the
 Church. Join Church Road, pass the Church, flick left on Station Road and left over road
 bridge by the station. Immediately twiddle right beside railtrack and right over next
 bridge. A path forks left from the pond towards Stour Wood. Under cover of the
 canopy pass the bungalow going right on the track and where it swings right out of the
 Wood, go left instead on paths leading to the carpark and noisy traffic **TM 190 310**



TM 190 310